Llanllyr Nunnery found in Wales

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Archaeologists say they have discovered Llanllyr nunnery, an "incredibly important" medieval convent, cemetery and Tudor mansion in the Aeron Valley of Ceredigion, the location of which had been a mystery until now. Dr Jemma Bezant from University of Wales Trinity Saint David (UWTSD) said it offered an unparalleled opportunity to find out more about monastic life: "Medieval nunneries like this are incredibly rare with only one other known in Wales." The convent, founded by Lord Rhys ap Gruffudd in 1180, was a daughter house of the Strata Florida abbey, a former Cistercian monastery which was of immense importance to Wales during the Middle Ages. The subject of a major University of Wales Trinity Saint David research project, the Strata Florida ruins lie just to the east of the village of Pontrhydfendigaid, near Tregaron in Ceredigion.

Read more at: http://archaeologynewsnetwork.blogspot.com/2014/06/incredibly-important-medieval-find-in.html#.U8_eKbHw_cs