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Llanllyr Nunnery found in Wales

Archaeologists say they have discovered Llanllyr nunnery, an "incredibly important" medieval convent, cemetery and Tudor mansion in the Aeron Valley of Ceredigion, the location of which had been a mystery until now. Dr Jemma Bezant from University of Wales Trinity Saint David (UWTSD) said it offered an unparalleled opportunity to find out more about monastic life: "Medieval nunneries like this are incredibly rare with only one other known in Wales." The convent, founded by Lord Rhys ap Gruffudd in 1180, was a daughter house of the Strata Florida abbey, a former Cistercian monastery which was of immense importance to Wales during the Middle Ages. The subject of a major University of Wales Trinity Saint David research project, the Strata Florida ruins lie just to the east of the village of Pontrhydfendigaid, near Tregaroe in Ceredigion.

Read more at: http://archaeologynewsnetwork.blogspot.com/2014/06/incredibly-important-medieval-find-in.html#.U8_eKbHw_cs